

Sports Coach Timetable - Wednesdays 2025-26

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
9-10	Y6 - Tag rugby	Y1 - Target Games 2	Y6 - Basketball	Y4 - Invasion Games 3	Y1 - Locomotion 2	Y2 - Athletics 2
10-11	Y5 - Tag Rugby	Y5 - OAA	Y3 - Basketball	Y3 - Football	Y5 - football	Y3 - Tag rugby
11-11.30	Reception - Stability 2	Nursery - Gymnastics - High and Low	Reception - Gymnastics - Flight - Bouncing, jumping and landing	Nursery - Gymnastics - Travelling, stopping and making shapes	Nursery - Locomotion 1	Reception - Object control 1
1.15-2.10	Y2 - Gymnastics - Spinning, turning and twisting	Reception - Gymnastics - Rocking and Rolling	Nursery - Dance - Nursery Rhymes	Y5 - Dance - The Haka	Y2 - Gymnastics - pathways straight, zigzag and curving	Y1 - Dance - Under the Sea
2.10-3.10	Y4 - Dance - Romans	Y2 - Dance - Great Fire of London	Y1 - Gymnastics - Pathways - small and long	Y6 - Dance - Dance through the ages	Y4 - Athletics 4	Y6 - Dance for end of year performance