

**Broadbent Fold Primary School  
and Nursery**

**Personal, Social, Health and  
Economic (PSHE) Education Policy**



**March 2022**

In line with the Equalities Act (2010) we aim to ensure that any child, irrespective of protected characteristics (These are age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex, and sexual orientation.) is treated fairly and with respect. The law states that the public sector equality duty includes a general duty to, "Foster good relations between people who share a protected characteristic and those who do not." This policy can be adapted to suit individual needs.

Broadbent Fold Values are instilled through our Broadbent Fold Expectations which are clearly visible around school. All expectations are child friendly and they are linked to our Rights Respecting class charters.

We want our children to be happy. Children are happy when they:

- feel good about themselves
- are confident in their own ability

## **Introduction**

Our Personal, Social, Health and Economic (PSHE) and Citizenship programme alongside our Relationship and Sex Education (RSE) Policy promotes children's personal, social and economic development, as well as their health and wellbeing.

It helps to give children the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens. Children are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of our school and community.

We provide our pupils with a comprehensive enrichment programme. They learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up. It gives children an understanding of the rights and responsibilities that are part of being a good citizen and introduces them to some of the principles of prudent financial planning and understanding. They learn to understand and respect our similarities, diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life-long learning.

At Broadbent Fold Primary School and Nursery, we regard PSHE, Citizenship and RSE as an important, integral component of the whole curriculum and we strongly promote our values through our day to day work with children and adults. We provide a broad and balanced curriculum, ensuring that it:

- promotes the spiritual, moral, cultural, mental and physical development of our children and of society.

- prepares our children for the opportunities, responsibilities and experiences they already face in the community and for adult life.
- provides information about keeping healthy and safe, mentally, emotionally and physically. This is a key focus embedded in our curriculum.
- Encourages our children to understand how all actions have consequences and how they can make informed choices to help themselves, others and the environment.

## Aims

The aims of PSHE, Citizenship and RSE fall into 3 core themes: **Health & Wellbeing, Relationships and Living in the Wider World.**

### **Health & Wellbeing**

- know and understand what constitutes a healthy lifestyle.
- know how to maintain physical, mental and emotional health and wellbeing.
- be aware of safety issues, including how to respond in an emergency.
- know how to manage change, including puberty, transition and loss.
- know how to promote and maintain good mental health.

### **Relationships**

- develop and maintain a variety of healthy relationships within a range of social and cultural contexts.
- know how to recognise and manage emotions within a range of relationships.
- know how to recognise risky or negative relationships, including all forms of bullying and abuse, and ask for help.
- know how to respect equality and diversity in relationships.

### **Living in the Wider World**

- know the importance of responsible behaviours and actions.
- be responsible and independent members of the school community.
- be positive and active members of a democratic society.
- know about the importance of respecting and protecting the environment.
- develop self-confidence and self-esteem and make informed choices regarding personal and social issues.
- develop good relationships with other members of the school and the wider and global community.
- know about where money comes from, keeping it safe and the importance of managing it effectively.
- have a basic understanding of enterprise.

## **Teaching and learning**

At Broadbent Fold, we use a range of teaching and learning styles with an emphasis on active learning by including the children in discussions, investigations and problem solving activities. There will be regular specific curriculum sessions, in order to develop themes and share ideas e.g. circle time. During these sessions, pupils regularly work with learning partners or in groups, facilitating respect, cooperation, fairness, sharing and negotiation. Through circle time, pupils are also encouraged to participate in discussion to resolve conflicts or set agreed classroom rules or behaviour.

Opportunities will be found within other curriculum areas e.g. links with drama and role-play, debate and discussion in English, working together in pairs or small groups, improving health in PE, environmental, health and drug issues in science and beliefs, values and practices in RE.

We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly or involvement in an activity to help other individuals or groups less fortunate than themselves.

We offer children the opportunity to hear visiting speakers, such as health workers, police, and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive community.

At playtimes and lunchtimes, opportunities exist for playing co-operatively using play equipment and team games organised by sports coaches in Key Stage 2.

Throughout the PSHE and Citizenship curriculum, children will have opportunities to explore issues connected with living in a multi-cultural society.

Our assemblies celebrate personal achievement and reward thoughtful, caring behaviour. Each term there is a PSHE theme and well-being is promoted during the Worry Wizard assemblies. There is a well-being champion in each class who help the other children to share their worries and promote positive well-being throughout the school.

## **Early Years Foundation Stage**

Personal, Social and Emotional Education is one of the three Prime Areas and PSHE and Citizenship as an integral part of the topic work covered during the year through the Early Learning Goals (ELGs).

The EYFS Framework states that: Personal, Social and Emotional Development involves helping children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to understand appropriate behaviour in groups; and to have confidence in their own abilities.

## **Key Stage 1**

Children will learn about family relationships, identifying what makes a good friend, how to respond to conflicts positively and dealing with teasing and bullying. They will learn about trust, how to keep themselves safe, including responsible ICT use and online safety and to recognise and appreciate people who can help them in their family, school and community. They will discuss what is fair and unfair and be able to share their opinions and explain their views through discussions with individual children and the whole class. They will understand how to maintain a healthy lifestyle and how to make real, informed choices that improve their physical and emotional health. By contributing to the life of the school, children will discuss that people and other living things have rights and that everyone has responsibilities to protect those rights. They will also learn how money comes from different sources and can be used for different purposes, including the concepts of spending and saving. Throughout the year, children will be able to celebrate their strengths and set simple yet challenging goals.

## **Key Stage 2**

Children learn about themselves as growing and changing individuals with their own experiences and ideas, and as members of their communities. They become more mature, independent and self-confident. They learn about the wider world and the interdependence of communities within it. They develop their sense of social justice and moral responsibility and begin to understand that their own choices and behaviour can affect local, national or global issues as well as political and social institutions. They learn how to take part more fully in school and community activities. As they begin to develop into young adults, they face the changes of puberty and transfer to secondary school with support and encouragement from key members. They learn how to make more confident and informed choices about their health and environment; to take more responsibility, individually and as a group, for their own learning; and to resist bullying.

## **Curriculum Planning**

We use the PSHE Association's PSHE Programme of Study and their programme builders to form part of the KS1 and KS2 Curriculum Map. PSHE can be linked to many other subjects as there is a large overlap between the programme of study for Religious Education and the aims of PSHE and Citizenship. We also develop PSHE and Citizenship through activities and whole school events, for example anti-bullying / kindness week, sports day and school fairs.

## **Relationship and Sex Education (RSE)**

DfE guidance will become compulsory from September 2020, however Broadbent Fold have starting teaching this in 2019. Reasons for this are:

"Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way."

The teaching of Relationship and Sex Education (RSE) is included in the PHSE programme of study throughout Key Stage 1 and Key Stage 2. This covers learning about growing up, changes and reproduction. It also enables children to make and maintain trusting relationships with others and to feel good about themselves and the choices they make. This involves helping children to gain knowledge, develop skills and form positive beliefs and attitudes. Please see Broadbent Fold's RSE policy.

### **Drugs, Alcohol and Tobacco (DAT) Curriculum**

This new DAT programme of study launched in Tameside is cross-referenced with the core theme - 'Health and Wellbeing' from the PSHE Association Programme of Study.

The subject areas covered include staying healthy, risk and safety rules, smoking, the effects of alcohol, legal and illegal drugs, peer pressure and how to access help, advice and support

### **Assessment**

It is difficult to accurately assess a pupil's self-confidence or sense of their own identity and values. However, pupils themselves will be able to judge, for instance, whether they feel more confident, or have a firmer sense of their own beliefs and opinions than they did before a particular series of lessons. Such personal reflection in PSHE education lessons is essential. Assessing learning in PSHE education must therefore use a combination of teacher assessment and pupil self- and peer assessment.

Progress in PSHE education will be recorded and reported to parents in line with all other non-core curriculum subjects.