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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Nursery** | City in the community | | | | | |
|  | | | |  |  |
|  | Gymnastics – Parts High and Parts Low | Stability 1 | Gymnastics – Travelling, stopping and making shapes | Locomotion 1 | Dance – Nursery Rhymes |
| **Reception** | City in the community | | | | | |
|  | | | |  |  |
| Fundamental movement skills 1 | Stability 2 | Gymnastics – Rocking and Rolling | Dance - Seasons | Gymnastics – Flight – Bouncing, jumping and landing | Object Manipulation 1 |
| **Year 1** | Dance - animals | Fundamental movement skills 2 | Invasion Games 1 | Net and Wall Game Skills 1 | Striking and Fielding Games 1 | Athletics 2 |
| Object manipulation 2 | Gymnastics Pathways small and long | Locomotion 2 | Gymnastics – wide, narrow and curled rolling and balancing | Target Games 2 | Dance – Under the Sea |
| **Year 2** | Gymnastics – Spinning, turning and twisting | Dance – Fire of London | Net and Wall Games 2 | Gymnastics – Stretching, curling and arching | Target Games 3 | Striking and Fielding Games 2 |
| Yoga | Fundamental Movement Skills 3 | Dance - pirates | Invasion games 2 | Gymnastics – pathways straight, zigzag and curving | Athletics 2 |
| **Year 3** | Hockey | Gymnastics – Linking movements together | Dodgeball | Gymnastics –  receiving body weight | Football | OAA |
| Dance – Dance around the world | Basketball | Active body, active mind | Tag Rugby | Rounders | Tennis |
| **Year 4** | Swimming | | | | | |
| Dance - Romans | Handball | Gymnastics – Arching and Bridges | Yoga | Athletics | Cricket |
| **Year 5** | Tag Rugby | Hockey | Gymnastics – Partner work over and under | Dance – The Haka | Football | Athletics |
| Invasion Games Skills 4 | Basketball | OAA | Cricket | Rounders | Tennis |
| **Year 6** | Tag Rugby | Hockey |  | Cricket | Gymnastics – Group sequencing | Dance – Dance through the ages |
| Team Building and Problem Solving | Basketball | Active body, active mind | Volleyball | Rounders | Athletics |