PE LTP 2026-27

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	City in the community					
		Dance – Nursery Rhymes	Gymnastics – Parts High & Parts Low	Locomotion 1	Gymnastics – Travelling, stopping and making shapes	Stability 1
Reception	City in the community					
	Gymnastics – Rocking and Rolling	Fundamental movement skills 1	Gymnastics – Flight – Bouncing, jumping and landing	Stability 2 (static and dynamic balance)	Dance – Seasons	Object Control 1
Year 1	Dance – Animals	Gymnastics Pathways small & long	Target Games 2	Dance – Under the Sea	Striking and Fielding Game Skills 1	Athletics 2
	Object Control 2	Fundamental movement skills 2	Gymnastics – wide, narrow and curled rolling and balancing	Net & Wall Game Skills 1	Locomotion 2	Invasion Game Skills 1
Year 2	Gymnastics – Spinning, turning & twisting	Dance – Fire of London	Net &Wall Game Skills 2	Gymnastics – Stretching, curling & arching	Gymnastics – pathways straight, zigzag and curving	Striking and Fielding Game Skills 2

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	Yoga	Fundamental Movement Skills 3	Dance - Pirates	Target Games 3	Invasion Game Skills 2	Athletics 2
Year 3	Tag Rugby	Handball	Dodgeball	Basketball	Athletics 3	Football
	Dance – Dance around the world	OAA	Gymnastics – receiving body weight	Tennis	Gymnastics – Linking movements together	Rounders
Year 4	Swimming				Yoga	Orienteering
	Dance - Romans	Hockey	Invasion Games 3	Gymnastics – Arching and Bridges	Athletics 4	Cricket
Year 5	Tag Rugby	Invasion Game Skills 4	Dance – The Haka	OAA	Football	Athletics 5
	Hockey	Gymnastics – Partner work over and under	Basketball	Cricket	Rounders	Tennis
Year 6	Tag Rugby	Team Building and Problem Solving	Volleyball	Cricket	Gymnastics – Group sequencing	
	Hockey	Dodgeball	Basketball	Dance – Dance through the ages	Rounders	Athletics 6