

PE LTP 2025-26

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	City in the community					
		Gymnastics - Parts High & Parts Low	Dance - Nursery Rhymes	Gymnastics - Travelling, stopping and making shapes	Locomotion 1	Stability 1
Reception	City in the community					
	Stability 2 (static and dynamic balance)	Gymnastics - Rocking and Rolling	Gymnastics - Flight - Bouncing, jumping and landing	Fundamental movement skills 1	Dance - Seasons	Object Control 1
Year 1	Dance - Animals	Fundamental movement skills 2	Net & Wall Game Skills 1	Invasion Game Skills 1	Striking and Fielding Game Skills 1	Athletics 2
	Object Control 2	Target Games 2	Gymnastics Pathways small & long	Gymnastics - wide, narrow and curled rolling and balancing	Locomotion 2	Dance - Under the Sea
Year 2	Gymnastics - Spinning, turning & twisting	Dance - Fire of London	Fundamental Movement Skills 3	Gymnastics - Stretching, curling & arching	Gymnastics - pathways straight, zigzag and curving	Striking and Fielding Game Skills 2
	Yoga	Net & Wall Game Skills 2	Dance - Pirates	Invasion Game Skills 2	Target Games 3	Athletics 2

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Year 3	Active Body Active Minds	Gymnastics - receiving body weight	Basketball	Gymnastics - Linking movements together	Athletics 3	Tag Rugby
	Dance - Dance around the world	Dodgeball	OAA	Football	Rounders	Tennis
Year 4	Swimming				Yoga	Orienteering
	Dance - Romans	Hockey	Gymnastics - Arching and Bridges	Invasion Games 3	Athletics 4	Cricket
Year 5	Tag Rugby	Invasion Game Skills 4	Gymnastics - Partner work over and under	Dance - The Haka	Football	Athletics 5
	Hockey	OAA	Basketball	Cricket	Rounders	Tennis
Year 6	Tag Rugby	Team Building and Problem Solving	Volleyball	Cricket	Gymnastics - Group sequencing	
	Hockey	Dodgeball	Basketball	Dance - Dance through the ages	Rounders	Athletics 6