



ASHLEY BANJO INTERVIEW
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THREE PAGES OF PUZZLES
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GORILLAS GET COVID
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FirstNews

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THE YUCK FACTOR



But FirstNews readers say they'd be happy to eat insects

Your views p16

INSECTS could be creeping onto your dinner plate soon.

Last week, dried yellow mealworm, the larvae of the mealworm beetle, were passed as safe to eat by the European Food Safety Authority (EFSA).

It's the first step before a decision is made about whether the bugs can be used as ingredients in snacks like protein bars and biscuits, smoothies, pasta and burgers. When dried, the maggot-like insect is said to taste a lot like peanuts.

It's thought that insect farming will

by editor in chief Nicky Cox

grow hugely in the next few years. That's because creepy-crawlies are a good source of protein, fibre and fat, which we need in our diets. Plus, insect-based food has long been seen as part of the solution to cutting greenhouse gas emissions in food production. Unlike fish and livestock, such as cows and sheep, the farming of insects puts a lot less strain on the environment.

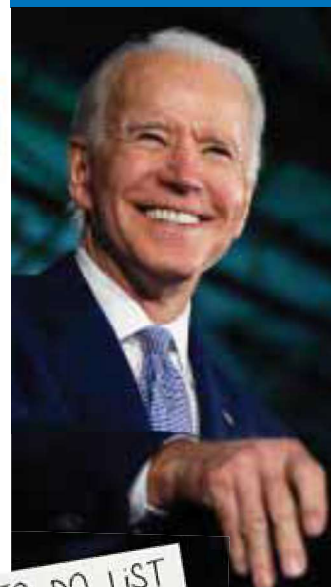
About 2,000 insect species are already in the diets of about two billion people

worldwide. But it's thought people in the UK and across Europe might need to overcome the 'yuck' factor before insects become a normal part of what we eat in our countries.

However, First News readers have given the idea a thumbs-up. We asked: "Would you eat insects if it helped to save the planet?" More than 500 of you responded to our poll, with over half (57%) saying you'd be happy to eat insects as part of your diet.

Next on the list for approval by the EFSA are crickets and locusts!

WILL PRESIDENT BIDEN BE GOOD FOR THE WORLD?



TO DO LIST
①. So
②. Many
③. Things

Turn to p3 to find out what is top of the President's 'to-do list'

2. QUICK NEWS

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SAVVY SHOPPING

Lidl has been named the UK's cheapest supermarket of 2020. The consumer group Which? compared eight different supermarkets in the study. It looked at 45 own-label and branded products from each shop and found Lidl was the least expensive. It only narrowly beat Aldi, with a price difference of just 34p.



AUGMENTED ATTENBOROUGH



Sir David Attenborough is set to appear as a hologram. The famous broadcaster is going to be transformed into a virtual tour guide for a new augmented reality app. The app aims to showcase the powers of 5G technology and how it can help us connect with the natural world. The hologram will be part of an immersive experience, alongside the new BBC programme *The Green Planet*.

KINDER FOOD

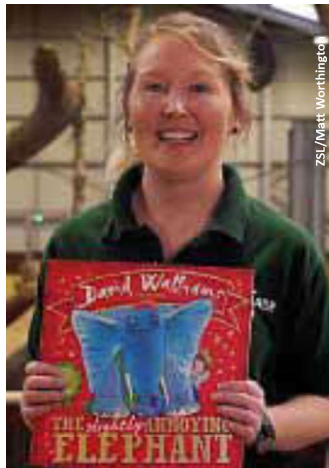
LEON has become the first fast food chain to introduce a carbon-neutral burger and fries. It means that, for any carbon emissions created by the production of the food, the company will give money to help the environment in other ways. The chain says it will fund forest conservation projects in South America and help to create forests in the UK.

QUICK NEWS

TO READ YOURSELF AND SHARE WITH FRIENDS

ZOO TAILS

ZSL London and Whipsnade zoos are hosting virtual bedtime stories, read by zookeepers. Each weekend until 21 February, a different animal-inspired story will be told. *Tails from the Zoo* will be shared via the zoos' Facebook pages at 6:30pm every Saturday and Sunday. Please be aware of age restrictions on social media.



DOG FINE

A man has been fined after his dog attacked a deer in Richmond Park, London. The incident was caught on a cyclist's camera. The deer had to be put down because of the injuries. The dog's owner, Franck Hiribarne, said he was shocked and very sorry about what happened. He's been fined a total of £602. Police have warned people to be very careful with their dogs around deer.

FREE BROADBAND

Thousands of families are being offered free broadband to help with online home learning. Internet provider Hyperoptic has teamed up with 37 local authorities across the UK to help those who have no internet or a poor connection. The free broadband will be available until the end of the summer term.

CUT THE CAMEO

Actor Macaulay Culkin has supported fans who want to take Donald Trump out of the movie *Home Alone 2: Lost in New York*. Mr Trump featured in the film when he was just a businessman, but now people are calling for the former president's cameo to be cut. Macaulay, who played Kevin McCallister in the movie, has tweeted his agreement. What do you think?

GOODBYE QUEEN

One of the Tower of London's beloved ravens is believed to have died. Keepers say 'queen' raven Merlina went missing just before Christmas and has not been seen since, leading them to think she has passed away. There is a legend that if the ravens ever leave the tower, the kingdom will fall. Thankfully there are still six ravens left at the Tower.

GIANT DONALD



In other Donald Trump news, a giant balloon of the president has been bought by the Museum of London. The 6m inflatable, which shows Trump as a baby, took to the skies above London in protest at his visit back in 2018.

AIRPORT ARREST

A man has been arrested after apparently living in an airport for three months. Aditya Singh, from California, is said to have been staying at Chicago's O'Hare International Airport. Staff rang the police when they caught him using a stolen ID badge. The man said he'd ended up staying at the airport after becoming too scared to fly home because of the coronavirus pandemic.



BURNS NIGHT



On 25 January, Scotland will be paying tribute to one of its national heroes – Robert Burns. The poet was born in 1759 and is famous for works including *Auld Lang Syne*, which is often sung on New Year's Eve. People traditionally mark the day with a Burns supper, featuring lots of Scottish food and drink.

FEELING HOT, HOT, HOT

Data from NASA shows last year's incredibly hot weather has officially made the past decade the warmest on record. The global temperature is now around 1.2°C above the 1850-1900 average. The increasing temperatures continue to show the effects of climate change on the planet.





AS First News went to press Joe Biden was due to become the 46th President of the United States. A lot has been said about what he might do, but what is on his list for America and the world?

CORONAVIRUS

He has promised to roll out 100m vaccine doses within his first 100 days in office (by the end of April). He has called the Trump administration's vaccine roll-out a "dismal failure", so all eyes will be on him to see if he hits his target.

ENVIRONMENT

Mr Biden has said he will rejoin the Paris Agreement, the global pledge to tackle climate change. He wants the US to reach 'net zero' carbon emissions by 2050. He is also planning to invest \$2tn in clean energy technology like solar and wind energy.

ECONOMY

Mr Biden has a \$1.9tn relief package to help boost America. He proposes giving \$1tn to people (\$1,400 each), \$440bn to help small businesses and \$415bn to fight COVID-19. He also wants to double the lowest wage to \$15 an hour.

IMMIGRATION

Joe Biden's chief of staff says Mr Biden will end the 'Muslim ban' in which people from several countries were banned from travelling to the US. Mr Biden has also stated he will stop spending money on building a wall between the US and Mexico.

ACTIVITY DROPS IN LOCKDOWN

SPORT England's latest survey shows that young people's physical activity has fallen.

The survey, which covers September 2019 to July 2020, shows a 1.9% (86,500 people) decrease compared with the same period the year before, although it is better than two years ago. Some 44.9% of children and young people (3.2m) took part in physical activity for at least 60 minutes a day.

The study shows boys were more likely to be active than girls, but that girls adapted better to finding new ways to exercise during lockdown. It also highlighted that children from richer families are more active than those from poorer homes. The pandemic has had a big impact on activity levels, but people like Joe Wicks have been helping to keep kids active.



Joe Wicks had a funny moment recently when he let out a loud fart during one of his live workout classes. Awkward!

MOUNTAIN CONQUERED!



NEPALESE climber Nirmal Purja and his team have become the first mountaineers to climb to the top of K2 in winter.

The mountain is 8,611m tall, making it the second highest in the world after Mount Everest. Nirmal said: "What a journey. I'm humbled to say that, as a team, we have summited the magnificent K2 in extreme winter conditions. We set out to make the impossible possible."

BITCOIN BLUNDER

A MAN has forgotten his password – which might cost him \$250 million!

Stefan Thomas has 7,002 bitcoins, worth nearly a quarter of a billion dollars, in an Iron Key wallet. Bitcoin is a digital type of money and the Iron Key is a digital wallet that needs a password to open it.

But Stefan has forgotten his password and has ten tries before the data corrupts and the money is lost forever. He has tried eight times to put in the right password but can't remember it. Stefan seems to have accepted the money is gone, saying: "Time heals all wounds."



Bitcoin is virtual so it doesn't actually look like a coin!

4. NEWS IN PICTURES

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WASHINGTON, DC, USA



THE US Capitol Building is prepared for the inauguration ceremony of president-elect Joe Biden. Approximately 191,500 US flags were placed along the National Mall to represent the American people who were unable to travel to Washington, DC for the ceremony. For more on the inauguration see p3.

LONDON, UK



ZSL London Zoo marked Winnie-the-Pooh Day (Monday 18 January) with the release of rare archive images taken during the zoo's almost 200-year history. The historic zoo has renewed its urgent call for public support to feed and care for its 18,000 animals during the nationwide lockdown.

SGOGE, BULGARIA



RUBBISH including plastic bottles floats on the Iskar River. Heavy rainfall has caused water levels to rise throughout Bulgaria, and rubbish is building up near a hydroelectric plant on the Iskar, the longest river in the country.

MISSISSIPPI, USA



NASA tested its Space Launch System rocket, a core part of the Artemis I mission that will take humans back to the moon for the first time since the 1970s. The eight-minute test of the 'megarocket' ended when the engines shut down after just a minute. Teams are studying what caused the early shutdown.

LIVORNO, ITALY



A PRIEST blesses animals during an outdoor evening mass dedicated to Saint Anthony Abbot. Every year on 17 January, churches in Italy celebrate a mass, open to pets, in honour of Saint Anthony, the 4th-century Egyptian hermit and patron saint of animals and the farmer.