

Year 2 - Healthy wraps 2023-2024

Year 2 have been exploring and learning about the different food groups (carbohydrates, proteins, fruits and vegetables, dairy, oils and spreads) to understand a balanced diet. The children have used their knowledge to develop their own healthy wrap. The children learnt: how to prepare simple dish safely and hygienically, without using a heat source and to use techniques such as cutting, peeling and grating.









